



MASTER CLASS SCHEDULE

Room numbers are indicated by a 1, 2, 3 or 4 after each class time.

ADULT KARATE PROGRAM

CLASS DESCRIPTIONS		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BEGINNING <i>White & Yellow Belts</i>	K1	9:00–10:00am ... 2 4:30–5:30pm 2	6:30–7:30am 1 6:15–7:30pm 1	5:30–6:30pm 1	6:30–7:30am 1 6:15–7:30pm 1		9:00–10:00am ... 2
INTERMEDIATE <i>Orange, Purple, Blue, Green Belts</i>	K2	6:15–7:15pm 1					
ADVANCED STUDENTS <i>Brown & Black Belts</i>	K3			6:30–8:00pm 1			
KOBUDO <i>Weapons</i>	K5	10:00–11:00am .. 1 7:15–8:15pm 1	4:45–5:30pm 2		4:45–5:30pm 2	4:30–5:30pm 1	10:00–11:00am .. 2

YOUTH KARATE PROGRAM

BEGINNING JRS (5 – 8) <i>White</i>	A	3:15–4:00pm 1	6:15–7:00pm 2	4:00–4:45pm 1	5:30–6:15pm 1		9:30–10:15am ... 1
BEGINNING JRS (5 – 12) <i>Yellow & Orange</i>	B	5:30–6:15pm 1	3:15–4:00pm 1	4:45–5:30pm 1	4:00–4:45pm 1		10:30–11:15am .. 1
INTERMEDIATE JRS (5 – 12) <i>Purple, Purple/Blue & Blue/White</i>	C	4:45–5:30pm 1	4:00–4:45pm 1	3:15–4:00pm 1	4:45–5:30pm 1		11:30–12:15pm .. 1
INTERMEDIATE JRS (5 – 12) <i>Blue, Blue/Green, Green/White</i>	D	4:00–4:45pm 1	4:45–5:30pm 1		6:15–7:00pm 2		11:30–12:15pm .. 1
ADVANCED JRS (5 – 12) <i>Green, Green/Brown, Brown/White</i>	E	6:15–7:00pm 1	5:30–6:15pm 1		3:15–4:00pm 1		11:30–12:15pm .. 1
ADVANCED JRS (5 – 12) <i>Brown, Brown/Black, Black</i>	F	6:15–7:00pm 1	5:30–6:15pm 1	6:30–7:15pm 1	3:15–4:00pm 1		
“LITTLE NINJAS” <i>(3 – 4 year olds)</i>	K4	4:00–4:30pm 2		4:00–4:30pm 3			
YOUTH KOBUDO <i>With permission of Kyoshi or Renshi</i>	K6		4:45–5:30pm 2		4:45–5:30pm 2	4:30–5:30pm 1	10:00–11:00am .. 2
BEGINNING JRS (9 – 12) <i>White</i>	K12	3:15–4:00pm 1	6:15–7:00pm 2	4:00–4:45pm 1	5:30–6:15pm 1		9:30–10:15am 1
YOUTH (13 – 16) <i>All Belts</i>	K18	4:30–5:30pm 2		5:30–6:30pm 1	5:30–6:15pm 2		

AIKIDO · JUDO

AIKIDO <i>Adults</i>	A1						9:30–11:00am ... 3
JUDO	J1	7:00–8:30pm 3			7:00–8:30pm 3		11:00–12:30pm .. 3